

# Heating Up

The air is hot. Your clothes stick to your body. It is time to cool off!



A boy drinks cold water after a soccer game.



This dog takes a bath on a hot day.

# Ways to Cool Down

What can people do to beat the heat? There are many good tricks for cooling off.



This girl plays with a pinwheel on a hot day.



The wind can cool people off.

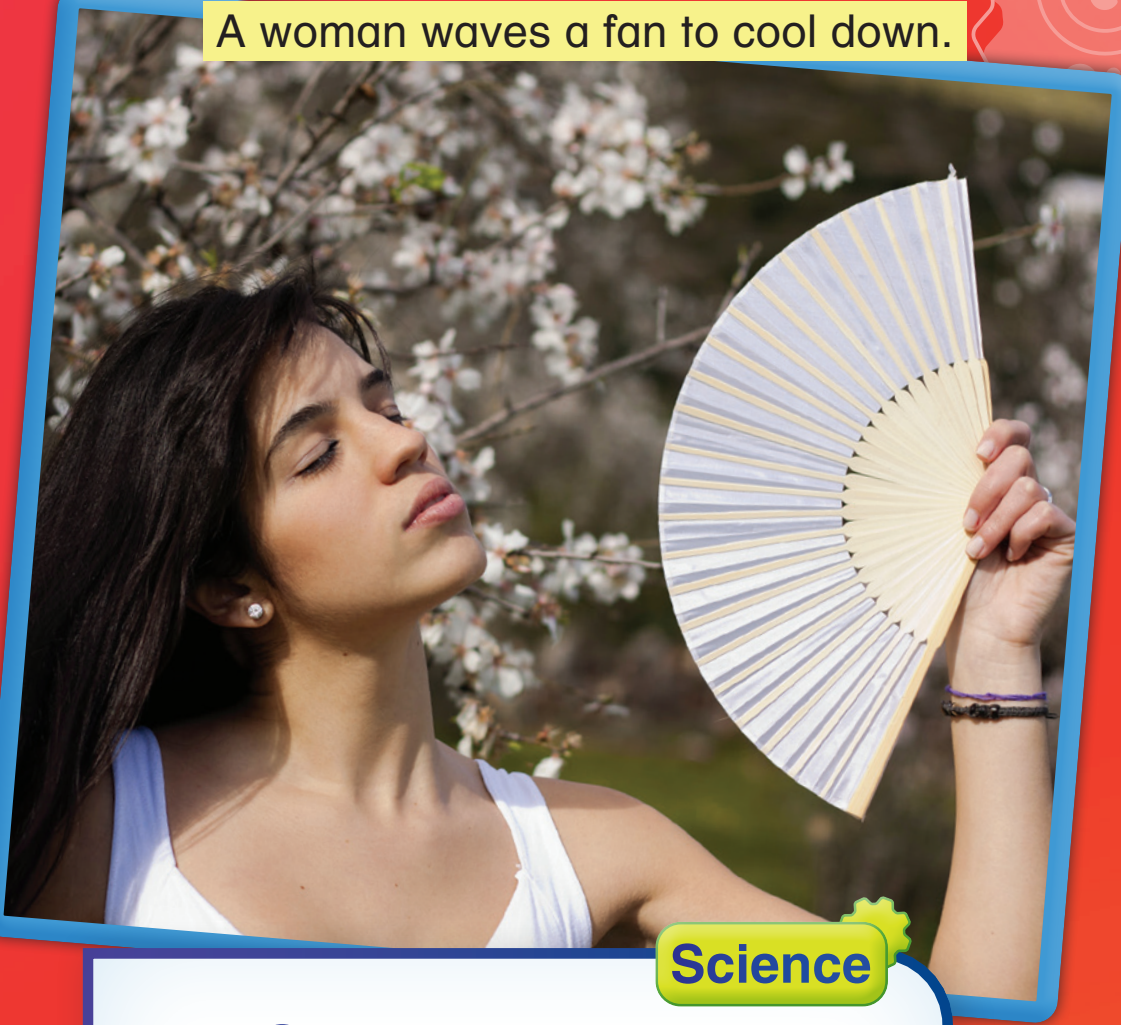
# Fan It

Waving fans move air. The moving air dries people's sweat. It cools people off. **Electric** fans do the same thing.



This boy cools off in front of an electric fan.

A woman waves a fan to cool down.



Science

## No Sweat!

People sweat when they are hot. Moving air **evaporates** the sweat. This cools people down.